

## JEFFERY R. MARTIN, PH.D.

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### CURRICULUM VITAE

#### ***EDUCATION***

- Ph.D., Psychology, University of California at Berkeley, 1975
- M.A., Psychology, University of California at Berkeley, 1971

#### ***CLINICAL BACKGROUND***

- Private Practice in Clinical Psychology, Marin County, CA, 1998 to present
- Private Practice in Clinical Psychology, Sonoma County, CA, 1977 to present
- Staff Psychologist, Sonoma County Mental Health Services, 1977-1981
- Staff Psychologist, Riverside County Mental Health Services, 1976-1977
- American Psychological Association Approved Internship at Camarillo State Hospital, Camarillo, CA, 1974-1975 (including Outpatient Services, Ventura County Mental Health, 1974-1975)

#### ***TEACHING/CONSULTING BACKGROUND***

- \*\* ***Distinguished Special Award for contributions in medical education*** – University of California, San Francisco, School of Medicine, Department of Family and Community Medicine, Awarded 2004.
- Associate Clinical Professor, University of California at San Francisco, School of Medicine, Department of Family and Community Medicine, 1979 to present. Twice received a Distinguished Special Award for teaching.
- Anxiety Disorders Treatment Specialist – CEU Workshops/Seminars, Group or Individual Consultation, Supervision, 1976 to present.
- Founder/Director, Institute for Psychotherapy Integration [a private training and continuing education institute, accredited by the CPA Accrediting Agency, #INS032], 1994 to present.
- Consultant to Sonoma County Dept. of Mental Health Services, 1979-1980.
- Lectures, seminars, Grand Rounds, and workshops on numerous psychological topics for licensed psychotherapists, medical professionals and students, professional groups, and the general public.

**PROFESSIONAL MEMBERSHIPS**

- American Psychological Association
- California Psychological Association
- Anxiety Disorders Association of America
- Obsessive Compulsive Foundation
- Association for Behavioral and Cognitive Therapies
- APA Divisions include Clinical Psychology, Humanistic Psychology, Theoretical and Philosophical Psychology, Population and Environmental Psychology, Group Psychology and Group Psychotherapy
- Society for the Exploration of Psychotherapy Integration
- National Register of Health Service Providers in Psychology
- Marin Psychological Association
- Redwood Psychological Association, Past Secretary and Treasurer

**PROFESSIONAL LICENSE**

- Licensed Psychologist, California, #PSY4872

**PUBLICATIONS, PAPERS, SYMPOSIA**

- Martin, J.R. (2006). *The Artful Joining of Psychopharmacology with Psychotherapy*. Presented at the 2006 International Conference of the Society for the Exploration of Psychotherapy Integration, Los Angeles.
- Martin, J.R. (2006). *Integrative Moments in Exposure Therapy – A Video Demonstration*. Presented at the 2006 International Conference of the Society for the Exploration of Psychotherapy Integration, Los Angeles.
- Martin, J.R. (2002). Chair's Introduction. In Martin, J.R., Curtis R., Greenberg, L.S., Goldfried, M. R., Wachtel, P. L. . A Symposium on Therapeutic Termination: Principles and obstacles. *Journal of Psychotherapy Integration*, 12 (3), 347 – 349.
- Martin, J.R. (2002). The Common Factor of Mindfulness – An Expanding Discourse: Comment on Horowitz (2002). *Journal of Psychotherapy Integration*, 12 (2), 139-142.
- Martin, J.R. (2001). *Improvisation in Exposure-Based Psychotherapy*. In A.C. Bohart (Chair), Therapist As Improvisational Artist. Symposium presented at the 109<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco.
- Martin, J.R. (1999). *The empathy in exposure-based design*. In A. Bohart (Chair), What is therapeutic empathy? Symposium presented at the 15<sup>th</sup> international conference of the Society for the Exploration of Psychotherapy Integration, Miami, Florida.
- Martin, J.R. (Chair), Curtis, R., Greenberg, L. S., Goldfried, M. R., & Wachtel, P. L. (1999). *A Symposium on Therapeutic Termination: Principles and Obstacles*. Symposium presented at the 15<sup>th</sup> international conference of the Society for the Exploration of Psychotherapy Integration, Miami, Florida.
- Martin, J.R. (1997). Mindfulness: A proposed common factor. *Journal of Psychotherapy Integration*, 7 (4), 291-312.

- Martin, J.R. (1997). *When (and how) does psychotherapy integration improve clinical effectiveness?* In Norcross, J. C. (chair), Martin, J. R., Omer, H., Pinsof, W. M., Rapp, H., Raw, S. D. Symposium: When (and how) does psychotherapy integration improve clinical effectiveness? A roundtable. Presented at the 13<sup>th</sup> International Conference of the Society for the Exploration of Psychotherapy Integration, Toronto, Canada.
- Martin, J.R. (1997). *Limbering across cognitive-behavioral, psychodynamic, and systems orientations.* In J.R. Martin (Chair). Retooling for integration: perspectives on the training of post-licensed psychotherapists. Symposium presented at the 13<sup>th</sup> International Conference of the Society for the Exploration of Psychotherapy Integration, Toronto, Canada.
- Martin, J.R. (1996). When (and how) does psychotherapy integration improve clinical effectiveness? In Norcross, J. C. (chair), Martin, J. R., Omer, H., Pinsof, W. M., Rapp, H., Raw, S. D. When (and how) does psychotherapy integration improve clinical effectiveness? A roundtable. *Journal of Psychotherapy Integration*, 6 (4), 295-332.
- Martin, J.R. (1995, September/October). Panic disorder: medication or psychotherapy. *Sonoma County Physician*.
- Martin, J.R. (1995, April). *Cognitive-behavioral skills for psychodynamic therapists: an integrative approach.* In J.R. Martin (Chair), Integrative training: programs and challenges. Symposium presented at the 11<sup>th</sup> International Conference of the Society for the Exploration of Psychotherapy Integration, Washington, DC.
- Martin, J.R. (1995, April) *Mindfulness: a common factor?* Paper presented at the 11<sup>th</sup> International Conference of the Society for the Exploration of Psychotherapy Integration, Washington, DC.
- Martin, J.R. (1988, April) *A multi-modal analysis of self-esteem motivation.* Paper presented at the 68<sup>th</sup> Annual Convention of the Western Psychological Association, San Francisco.
- Martin, J.R. & Wollitzer, A.O. (1988). The prevalence, secrecy and psychology of purging in a family practice setting. *International Journal of Eating Disorders*, 7(4), 515-519.
- Martin, J.R. (1987, November). The fear of fear – agoraphobia. *Sonoma County Physician*, pp. 11-14.
- Martin, J.R. & Wollitzer, A.O. (1986). *Purging behavior: its medical and psychological significance.* Paper presented at the Meeting for the Teachers of Family Medicine, Sacramento, CA.
- Martin, J.R. (1984, May). Bulimia – in the closet of secrecy. *Sonoma County Physician*, pp. 8-11.
- Martin, J.R. (1984, April). Behind the silence of purging: its incidence and psychological significance. Paper presented at the 64<sup>th</sup> Annual Convention of the Western Psychological Association, Los Angeles.
- Martin, J.R. & Manka, C. (1979). *Group assertion training for chronic schizophrenics – coping with demands of community living.* Paper presented at the Annual Convention of the California State Psychological Association, Monterey, CA.
- Martin, J.R. & Manka (1976). *Assertion counselors' manual.* Prepared for Continuing Community Care, Mental Health Services, Riverside County Department of Health, Riverside, CA.
- Martin, J.R. (1976). Self-esteem, reciprocity of liking and perceived social acceptance. Doctoral Dissertation, University of California at Berkeley, 1975, *Dissertation Abstracts International*, 36, 76-5041.
- Lockhart, R.A., Siegel, B., & Martin, J.R. (1975). A Jungian approach to the assessment of aggression. Paper presented at the Annual Convention of the Western Psychological Association, Sacramento, CA.